

# Rudiments of the DMM

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# Attachment Theory

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- Attachment functions to promote survival by protecting and comforting the person when there is danger.
- To organize a protective strategy, the brain needs information.
- There are 3 kinds of information: **somatic**, **cognitive**, & **affective**.
- The infant learns the meaning of these from the parent.
- Not all information predicts what it appears to predict, i.e., information must be transformed to predict accurately.
- Infant brains use simple information for simple strategies.
- More mature brains transform information in more ways to make better predictions & organize more protective behavior.

# Individual differences in attachment

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- Ainsworth's ABC patterns.
- Self protective strategies.
- Developmental change in the possible strategies a child could organize.
- Parents who differ in their ability to protect and comfort children.
- Parents who differ in the meanings they assign to information.
- Adaptation to contexts that vary in the severity and type of danger.

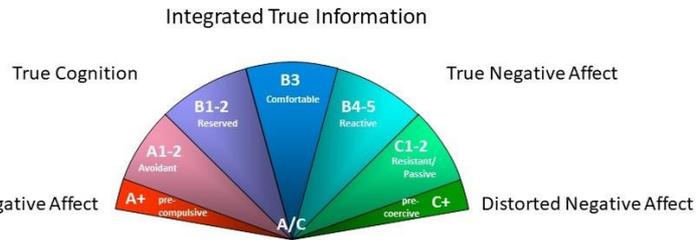
# DMM versus Disorganization - INFANCY

**DMM**

**AINSWORTH**

**ABC+D**

## DMM Strategies in Infancy



A1-2

A1-2

B1-4

B1-4

C1-2

C1-2

D

# DMM versus Disorganization - PRESCHOOL

DMM

AINSWORTH

ABC+D

## DMM Strategies in the Preschool Years

Integrated True Information

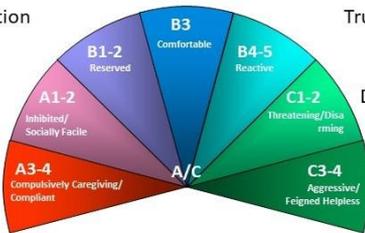
True Cognition

True Negative Affect

Distorted Cognition & Omitted Negative Affect

Distorted Negative Affect & Omitted Cognition

False Positive Affect



A1-2

B1-4

C1-2

D/  
Control-  
ling

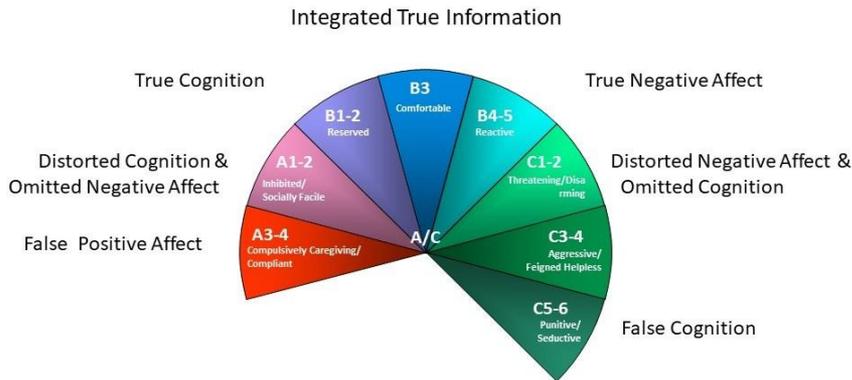
# DMM versus Disorganization – SCHOOL YEARS

DMM

AINSWORTH

ABC+D

## DMM Strategies in the School Years



A1-2

B1-4

C1-2

D/  
Controlling

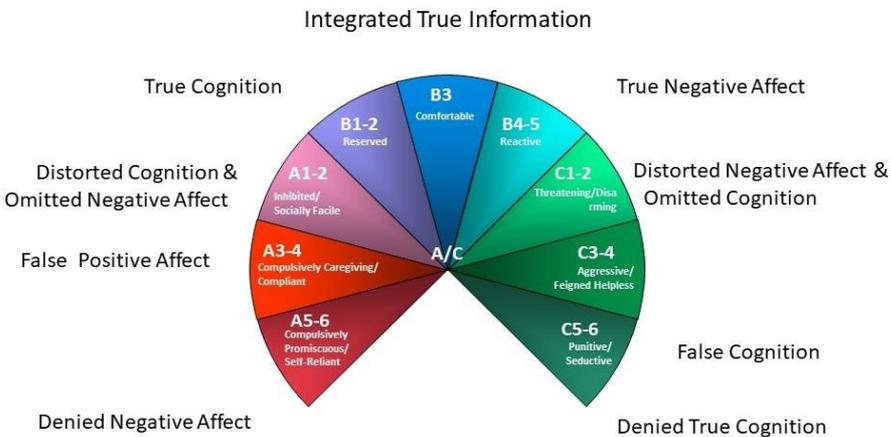
# DMM versus Disorganization - ADOLESCENCE

**DMM**

**AINSWORTH**

**ABC+D**

## DMM Strategies in Adolescence



Ds1-4

F1-5

E1-3

U/  
Cannot Classify

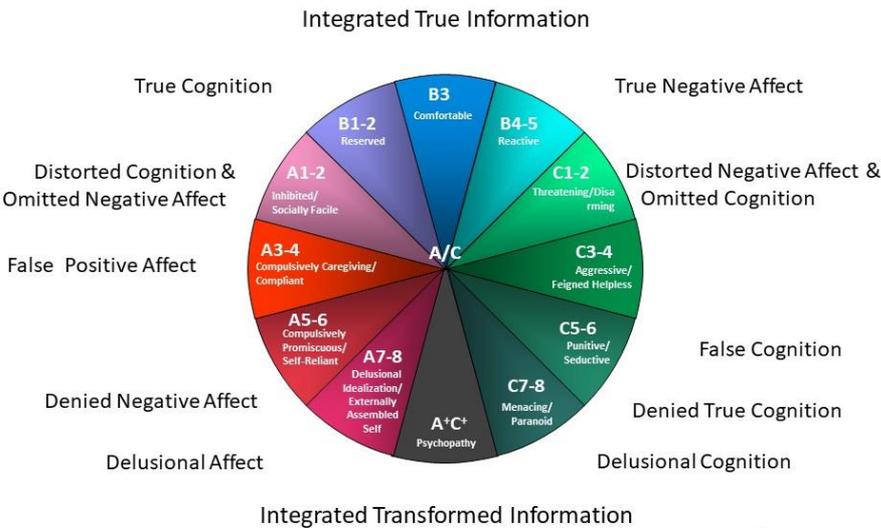
# DMM versus Disorganization - ADULT

**DMM**

**AINSWORTH**

**ABC+D**

## DMM Strategies in Adulthood



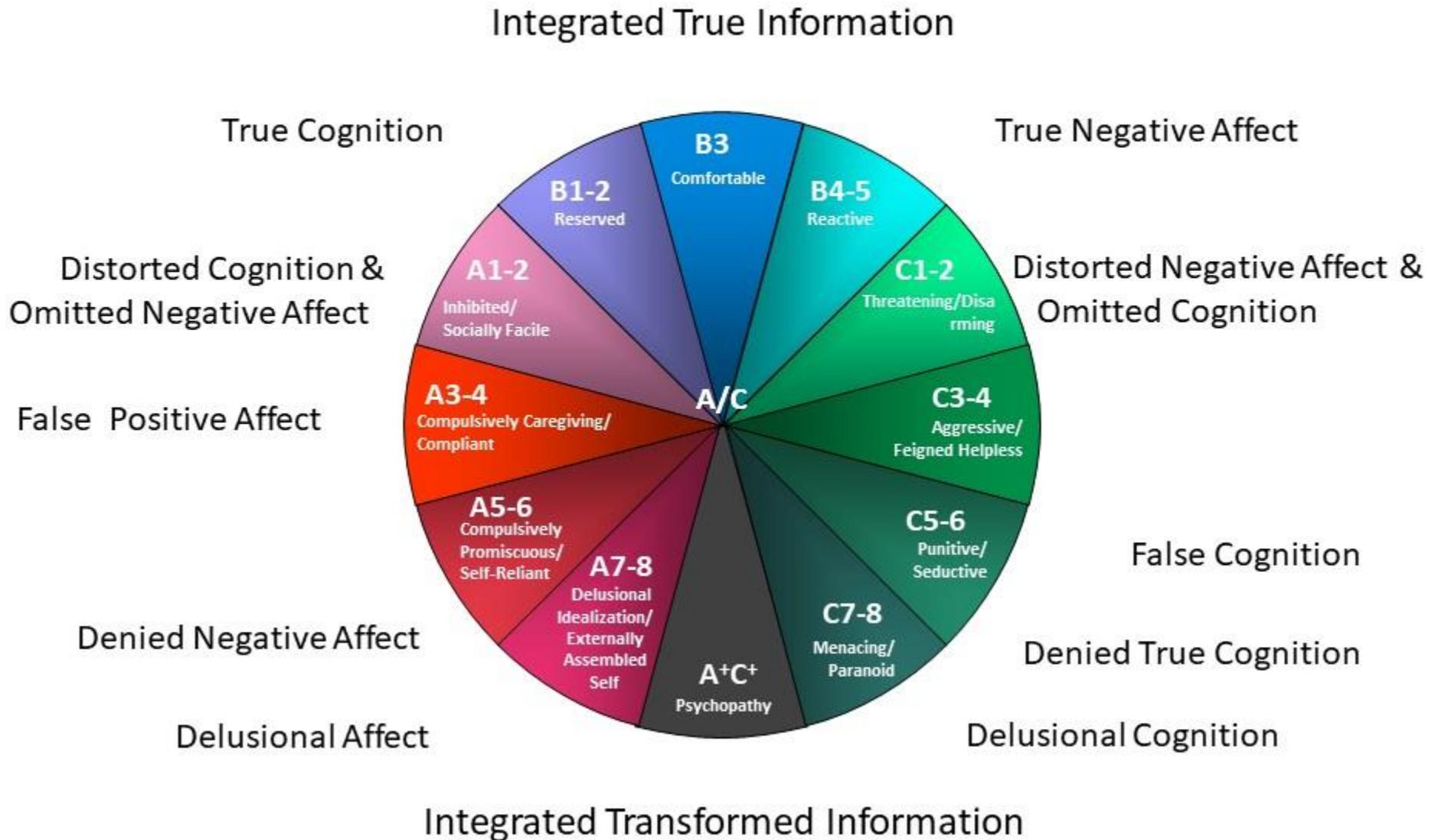
Ds1-4

F1-5

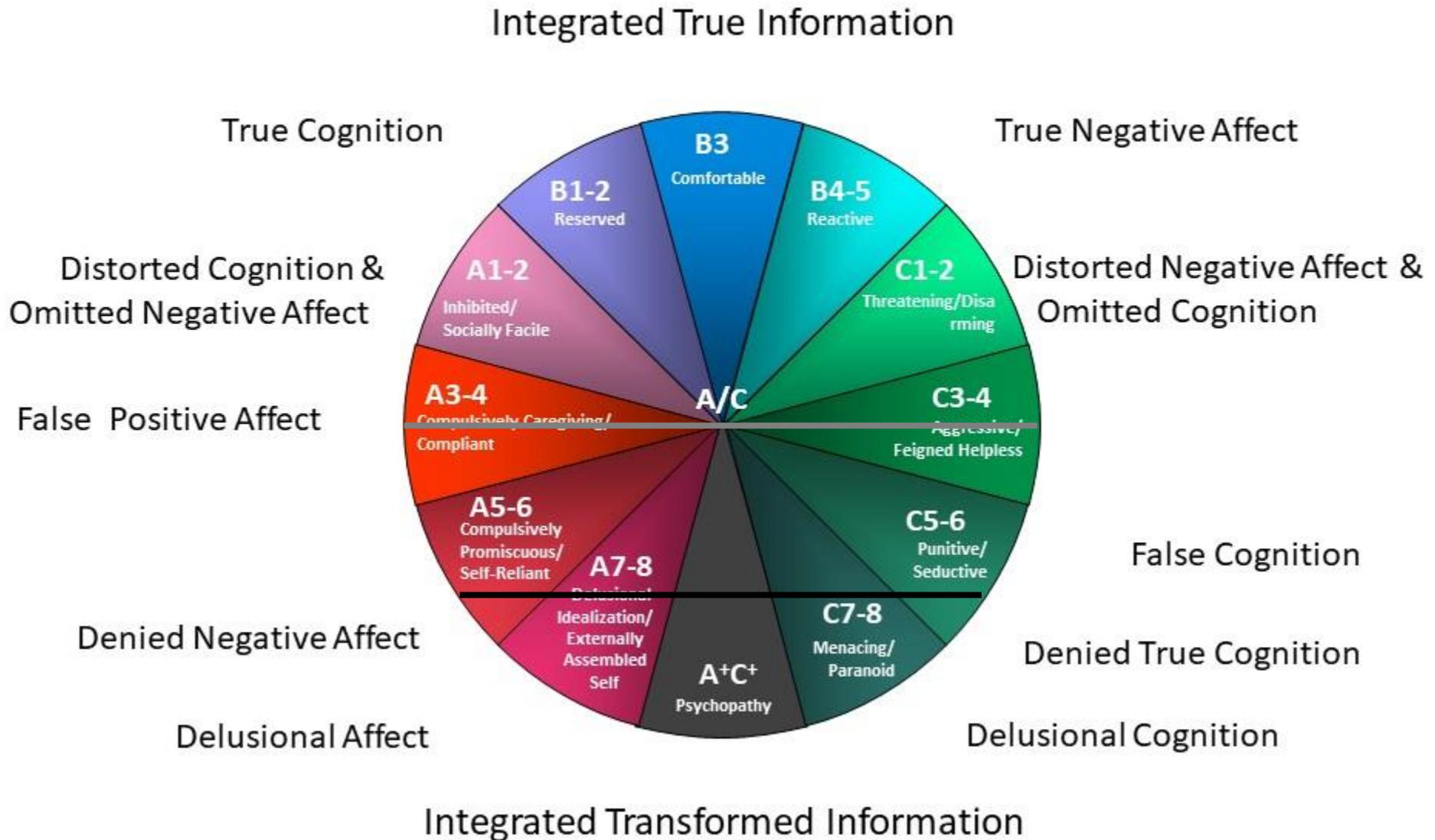
E1-3

U/  
Cannot  
Classify

# DMM Strategies in Adulthood



# DMM Strategies in Adulthood



# Two Dimensions of Individual Differences in Attachment

